



# Community Activity Centre Merewether All-Sorts

## NEWSLETTER: OCTOBER- DECEMBER 2018



The theme for National Stroke Week 3-9 September 2018 Every Step Counts Towards a Healthy Life was celebrated with a visit from 1233 ABC radio presenter Tim speaking to members and volunteers and then broadcasting the interviews on radio. There was a service on Sunday 9 September celebrating diversity of abilities and National Stroke Week with guest speaker Dr. Janet Frith and guest choir Nova

Bellas.

The program October to December is below and ends on Tuesday 11 December with our Christmas celebration including entertainment, games, prizes, Christmas lunch and much more!

Merewether All-Sorts has a Facebook page and a page on Merewether Uniting Church's website. The webpage can be found at [www.merewether.org.au](http://www.merewether.org.au) If you are on Facebook, search for Merewether All-Sorts, like the page and keep up with news of All-Sorts activities and other news and events.

Thank you all for embracing everyone else with their different abilities, for your warmth and kindness towards each other, for the contribution that you each make to the group and for creating this precious time each Tuesday where all belong. I thorough enjoyed our Tuesdays together, our conversations, seeing friendships develop and experiencing the group growing into a caring community.

If you need more information about Tuesday activities or anything else or have suggestions, please contact me on 0411133679 [minister.merewetheruca@gmail.com](mailto:minister.merewetheruca@gmail.com)

Warm regards

Jennifer



During November, you are invited to bring donations towards the hampers and door prizes for the Christmas party on 11 December. Please invite your partners & friends to the Christmas party and confirm numbers by Tuesday 4 December.

Contact details: Rev. Jennifer Burns. M:0411 133 679  
[minister.merewetheruca@gmail.com](mailto:minister.merewetheruca@gmail.com)

<https://www.merewether.org.au/community-life/merewether-all-sorts/>



# Community Activity Centre Merewether All-Sorts

Date	10am	10.30-11am	11am	12md	12.45-1.30pm	1.15-2pm
2 October	morning tea	exercise & meditation	Bocce	BYO lunch in hall		Tai-Chi
9 October	morning tea	exercise & meditation	<b>Entertainment-</b> Bell ringers	BYO lunch in hall	Bocce outside & games inside	
16 October	morning tea	exercise & meditation	Dance for wellbeing	BYO lunch in hall	Bocce outside & games inside	
23 October	morning tea	exercise & meditation	<b>Entertainment-</b> Wangi Rathmines Singers	BYO lunch in hall	Bocce outside & games inside	
30 October	morning tea	exercise & meditation	Bocce outside & games inside	Lunch at Mary Ellen Hotel (own cost)		
6 November	morning tea	exercise & meditation	Bocce outside & games inside	BYO lunch in hall		
13 November	morning tea	exercise & meditation	<b>Entertainment-</b> Brainwaves choir	BYO lunch in hall	Bocce outside & games inside	
20 November	morning tea	exercise & meditation	Art session Indoor golf Indoor bowls	BYO lunch in hall	Bocce outside & games inside	
27 November	morning tea	exercise & meditation	<b>Entertainment-</b> Side by Side Ukelele group	BYO lunch in hall	Bocce outside & games inside	
4 December	morning tea	exercise & meditation	Bocce outside & games inside	BYO lunch in hall	Indoor games	Tai Chai
11 December	morning tea		Circle game <b>Entertainment</b> <b>JD's magic</b>	Christmas carols & lunch		



*Merewether All-Sorts will  
recommence on  
Tuesday 5 February, 2019 at 10am*

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